

**PRE AND POST**

**PRP VAMPIRE BREAST REJUVENATION / LASER/OPUS NON-SURGICAL BREAST LIFT**

The PRP treatment is an in-office procedure that uses the platelets found in your blood plasma. It begins with taking a blood sample from you. We centrifuge the blood, allowing us to separate the platelets. Using your own blood, concentrated plasma rich in platelets is injected into the breast. PRP encourages the growth of cells in the area injected. PRP is a staple treatment option within the cosmetic industry for healing and repairing the human body in many areas such as the breasts.

Please do not refer to some online fake pictures or expect a change in cup size. You can expect a mild increase in cleavage with this experimental treatment.

Fotona Laser breast and Opus RF provide skin tightening and corrective lift to the breast, as well as targeting and fixing skin imperfections, stretchmarks and sun damages.

**Pre Procedure guidelines:**

- Discontinue nonsteroidal anti-inflammatory drugs NSAIDS 7 days prior to the procedure; Advil motrin/blood thinner medications.
- Accutane clients can only have Laser/RF procedure done 6-12 months after the last dose.
- Avoid sun tanning in the area 2 weeks prior to treatment

**Post procedure guidelines OPUS RF and laser**

- After the Opus laser treatment, it would be recommended to wear a fitted bodice (ie: a VERY supportive bra like a sports bra) for as long as possible. The mainstream of stretch marks prevention is by avoiding gravity and stretching the skin.
- In general, do not use under breast hoop bras as they damage the breast.
- Do not Run or do heavy exercise for 2 weeks post Opus and laser treatment
- Avoid the sun if you had laser or opus RF.

**Day 1-2:** Cleanse with a gentle cleanser, keeping the skin covered with Aquaphor. Massage your breast if you had PRP injections. Bruising and swelling and tenderness may happen and it is normal.

**Day 3-4:** Continue to cleanse, do not pick at your skin or try to exfoliate, let it happen naturally. Flaking is a natural response to lasers. Continue moisturizing the skin frequently throughout the day.

**Day 5-6:** Continue to cleanse and moisturize with bland moisturizer. Can start using moisturizer at night as well.

**Day 7:** Continue cleansing and moisturizing. you can return to your normal skin care regime and use active ingredients. Usually 14 days. Transient hyperpigmentation is normal. You may require to use hydroquinone to prevent or treat it.

For any questions or concerns please feel free to reach out to us @ 6137494668 x 115 or email us: info@inovomedical.ca