



## **PRE-POST CARE INSTRUCTIONS BELKYRA**

### **Before your treatment**

- Purchase a gel ice pack or cold pack.
- If you have a history of excessive scarring (hypertrophic scarring and keloid formations) or pigmentation disorders the use of Belkyra™ may result in additional scars or changes in pigmentation in some cases.
- Inform us if you are on any immunosuppressive therapy used to decrease the body's immune response, as the use of these products may result in an increased risk of infection.
- Do not use Belkyra™ if you are pregnant or breastfeeding, are allergic to any of the ingredients (Hyaluronic Acid/Lidocaine) or suffer from any neurological disorders.

### **Day of Treatment**

- You may take a Tylenol/Acetaminophen an hour before your appointment and have some on hand to take every 4 hours afterwards for the remainder of the day.
- Please arrive at the office with a clean face or arrive early and be prepared to wash your face at the office. You may apply makeup the next day.
- You will be asked to read and sign a consent form and we will take some pictures prior to your first treatment.
- The Doctor will make multiple injections spaced either ½ cm to 1 cm apart across your chin treatment area with a very fine needle.
- You may experience a mild amount of discomfort or a stinging sensation following an injection. You may develop bruises in the areas treated.

### **After**

- Redness, tenderness and significant swelling is normal and is expected to last 1-2 weeks.
- Use an ice pack to reduce discomfort
- Mild tingling and numbness is normal, it will subside.

If you have any questions, concerns or experience any problems, please call our office at 613-749-4668.