

## **REFRESH RF PRE POST CARE FOR FACE AND BODY (Darwin LUVO)**

REFRESH RF (Radiofrequency) treatments help rejuvenate the skin, addressing many common concerns such as fine lines and wrinkles, dullness, and loss of firmness and elasticity. The treatments tighten existing collagen and stimulate the production of new collagen and elastin (skin support structures) for noticeably firmer, smoother, and luminous skin. Just like Thermage, it is using monopolar radiofrequency but with even more advanced technology leading to less discomfort and better results.

RF treatments are typically very well tolerated with little discomfort and minimal downtime. You may experience mild swelling and redness of the treated skin that usually resolves within 24 hrs. Use Alumier post procedure cream and an SPF. Skin tightening might be noticeable immediately post-procedure, but optimal results from collagen rebuilding can take 3-6 months. A series of treatments may be needed for best results.

## **HIFU PRE POST CARE FOR BODY (Darwin LUVO)**

While many things may increase and improve with age (experience, wisdom, and financial security) unfortunately collagen production is not one of them. When the skin has less collagen, the weakened structure can lead to the appearance of wrinkles and sagging creating an aged look for otherwise healthy, vibrant people. PROLIFT HIFU can turn back the clock, using the heat created from focused ultrasound energy to cause collagen rebuilding and cell regrowth. Results include increased elasticity, tightening, and lifting, all without the need for surgery or downtime. It is the most effective technology for skin tightening.

Treatments are typically well-tolerated with minimal discomfort and no downtime. Slight redness or swelling may occur but should subside quickly. A light tingling sensation of the treated area may persist for a few weeks. Stay hydrated. Multiple treatments may be needed for best results with full results typically visible 3-6 months after the last treatment.

### **Other excellent non surgical options to tighten your skin**

- **Diluted Radiesse injections, a calcium base filler that stimulates collagen production.**
- **Trusculpt ID to tighten your skin and remove some fat cells by an average of 24% per treatment.**
- **Trusculpt Flex if muscle mass is needed in the area (average of 30% increase in muscle mass after 4 treatments)**

If you have any questions, concerns or experience any problems, please call our office at 613-749-4668 or email at [info@inovomedical.ca](mailto:info@inovomedical.ca)