

TATTOO REMOVAL PRE- AND POST- TREATMENT INSTRUCTIONS

Congratulations! You have booked your laser tattoo removal session with the best laser on the market: the Fotona Starwalker, featuring 4 wavelengths to remove all colours and the fastest Pico laser for safe and most effective removal of your tattoo on ANY type of skin, even black skin. This laser, compared to other Pico lasers, could remove your tattoo twice as fast, but remember that we can only give you an estimate of the number of sessions required. Many factors impact the speed such as the type of Ink, the quantity of Ink, your skin type, etc.

Pre Treatment

Ensure skin is clean and to not apply moisturiser on the day of the treatment.

No active tan, self-tanner, bronzers or spray tan 2 weeks before and after treatment

Please inform us of the following conditions if present:

History of Keloid formation, history of Poor wound healing diabetes, autoimmune diseases or undergoing chemotherapy or radiation therapy.

Post Treatment

- **For the next 24 hours:** A cold compress and elevation are recommended to help reduce discomfort and inflammation.
- **Avoid for the next 24 hours:** Physical activity, hot showers and saunas.
- **Apply for the next 3 days:** Fucidin, Polysporin with bandage. Any of these ointments will work. Change the dressing daily.
- **Avoid for the next 1-2 weeks:** Direct sun exposure, hot tubs, pool water and salt water until the tattoo is healed.
- Keep the treated area clean and dry while it is healing. **AVOID HIGH-PRESSURE WATER HITTING THE TREATED AREA.**
- Some scabbing, blistering, light bleeding and itching may occur. Immediately after treatment, there may be erythema (redness) and edema (swelling) at the treatment site. This usually lasts 2 hours or longer. The erythema may last up to 10 days.
- **Do not** pop blisters. If you do blister, continue to apply one of the recommended ointments until the blister has popped naturally.
- **Do not** pick at the scab or allow the skin to become scraped, as this may result in infection and scarring. Shaving should be avoided in the treated area until it is completely healed
- You may notice that blistering may occur in some treatments and not others. If blistering does not occur, it does not mean that your most recent treatment was less aggressive or your treatment is not working. Sometimes your body will react, while other times it will not. Regardless, the treatment is working.
- You may take only Tylenol to help with discomfort. Please avoid aspirins, ibuprofens and naproxen because they slow down healing
- **Shaving should be avoided** in the treated area until it is completely healed (5-10 days).
- Please **apply sunscreen** everyday to the treated area after the tattoo has completely healed (5-10 days)
- Remember, not all tattoos will clear 100%. Your tattoo may just fade.
- Remember, if you got scarred doing the tattoo, the scars may still be present.

To achieve maximum results, keep regularly scheduled appointments.