



Instructions Permanent Laser Hair removal

Pre treatment

- Clients who are sunburned should wait at least two weeks before receiving treatment
- Can not be done over a tattoo-covered area.
- If we are treating the area where you get cold sores (herpes labialis): taking an antiviral medication (such as Valtrex) prior to your treatment may reduce the odds of a flare up.
- No waxing, tweezing, hair removal creams or electrolysis treatments on areas of hair removal.
- Please shave well THE NIGHT before laser hair removal treatments. If you do not, we will charge 50\$ per 10 min of shaving
- If you are very sensitive to lasers, we can apply numbing cream for the upper lip, the brazilian, the scalp or beard for men. Please let us know so we can plan to have you come 45 min earlier.

Post Treatment

- No tanning is recommended for the 2 weeks following a treatment
- Apply sunscreen
- Apply a cold, wet compress to treated areas several times a day if redness or irritation is bothersome.

Keep in mind that some people see immediate results, while others may require 2-4 visits before they start seeing the benefits.

You need 6 to 12 treatment for over 90% of your hair to be permanently removed and this applies to 85% of the population

Fluctuating hormones can cause some of the hair to grow back. Therefore, a few people will be poor responders. Although very rare, some people may even see additional hair growth.

To achieve maximum results, keep regularly scheduled appointments: every 4-6 weeks above neck and 8-10 weeks below neck.

If you have any questions, concerns or experience any problems, please call our office at 613-749-4668.